

# NEW in 2013: YOGA at the OLD FARM POOL

Classes by Connie Jacobson

THURSDAY evenings from 6PM-7PM (all ages welcome, including teens)

Four Classes for \$40, members only

June 6, June 13, June 20, June 27 (will be extended if there is customer demand)

Wear comfortable clothing and bring a yoga mat. Classes will take place on the new basketball court.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I understand that participation in Old Farm yoga is entirely voluntary. I hereby release Connie Jacobson & the Old Farm Pool from any responsibility for injury, which might occur as a result of participation in Old Farm yoga. I give permission to authorized personnel to carry out such emergency diagnostic and therapeutic procedures as may be necessary for me and also permit such treatment procedures to be carried out at, and by the local hospital(s) for me in the event of an emergency. I understand that any medical expenses will be billed directly to me or my insurance company.